Rain Gear Optional.

Folks who live west of the Cascade Range have more than a dozen phrases for rain. Folks who live east have only one: rain shadow.

When

Thursday April 26 through Monday April 30.

Where

The Inn at the River, 560 Valley Mall Parkway, East Wenatchee, WA. For reservations visit: <u>http://www.innattheriver.com</u> Or call: (509) 888-7378

Route Destinations

- Lake Chelan
- Cashmere
- Lake Wenatchee
 Badger Mountain
 Ephrata and Quincy via Palisades Valley and Sage Brush Flats

Cost & Registration

- Registration fee for the camp is \$65
- Download your application today at: http://www.northwestcrank.com

For more information Email: <u>info2007@northwestcrank.com</u>

Hosted by

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Media Sponsor Ready To Ride With 300 days of blue sky every year, Wenatchee, Washington, lies in the rain shadow behind the High Cascades. It is one of the most arid climates in the Pacific Northwest.

Which is why it was chosen to be the home of Northwest Crank, a festival of cycling held each spring in the Columbia Basin. Surrounded by dry desert plateaus to the east, forested mountain passes and high altitude lakes to the west, Wenatchee offers cyclists some of the best riding anywhere on earth.

Cyclists from Oregon, Washington, and British Columbia travel to Wenatchee each spring to get out of the rain and jump-start their cycling season. With five-days of back-to-back cycling at Northwest Crank, you will build the power, strength and endurance you need to complete whatever you've put on your 2007 goals list, whether you're gearing up for that century or brevet, or if you're just looking to get in better shape for your casual rides.

Key features of the Northwest Crank include:

- Meet people from all over the area and find new riding buddies.
- Three fully-supported routes each day, plus maps and cue-sheets for unsupported rambles and adventure options. Choose the routes with just the right mileage and cumulative climbing.
- Adventure options feature routes through the outback on unpaved roads with virtually no automobiles.
- Flexible scheduling. Join us for any one or all five days.

Vorthwest



A Festival of Cycling in the Columbia Basin

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